

Notes on Prayer-Walking

Compiled by Hilda VanderKlippe (Christian Reformed Home Missions)

(notes taken from “The Praying Church Sourcebook” by Alvin Vander Griend and Edith Bajema and “Prayer-walking” by Steve Hawthorne and Graham Kendrick)

What is prayer-walking?

- “praying on site with insight”.
- prayer-walking focuses intercessory prayer on the neighbourhoods, homes, businesses and people encountered while walking;
- be on the scene but don’t make a scene;
- can be done with a group or on your own;

What is prayer walking not?

- not going door to door and praying with people
- not standing on street corners and praying loudly
- not an end in itself; prayer softens hearts to the gospel by releasing God’s grace into people’s lives.

What can you expect?

- to be changed; prayer-walking changes the prayer first; it puts us in touch with God’s agenda.
- you’ll need patience; God is patient and He is unfolding His plan step by step.
- as the Holy Spirit leads, prayer-walkers are in a position to meet divine appointments.

Insight for Prayer comes from:

Responsive insight; pray about what you see as you walk.

Researched insight; use knowledge of history of the area, read your local paper.

Revealed insight; the Holy Spirit gives insights.

Practical Steps:

- 1) begin with personal or group prayer.
 - confession, guidance, protection, surrender
- 2) if you are doing prayer-walking as a group, split in teams of 2.
- 3) as you walk, pray silently or out loud.
 - talk to God about what you hear and see; pray for His kingdom to come
 - don’t forget to pray for the churches, pastors and Christians in the area.
 - keep your ears tuned to the Holy Spirit; prayer is two-way!
- 4) Focus on what God can do as opposed to focusing on problems.
 - each time you walk have a theme Scripture.
- 5) Keep a journal to record significant needs, insights or questions.

- at the end, gather as a group to share insights.

6) Bottom Line:

- you are walking with Jesus; walk with the simple desire for more of Him in your neighbourhood/community; you won't be disappointed!